



Call, Text or SMS

Phone: 877-910-WARM

Local: 714-991-6412

Text: 714-991-6412

LiveChat: www.namiooc.org

M - F 9 a.m. to 3 a.m.

Sat and Sun 10 a.m. to 3 a.m.

If you, a family member, or a loved one are experiencing mental health concerns, substance abuse, loneliness or are in need of community resources,

Warmline is for you!

Services are available in multiple languages

The NAMI-OC WarmLine is a free and confidential telephone service providing emotional support and resources to Orange County Residents.

*Services provided by National Alliance on Mental Illness (NAMI) Orange County
The Orange County WarmLine is funded by the County of Orange Health Care Agency,
Behavioral Health Services, Prevention and Intervention Division, MHSA/Prop 63.*



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