

Family-to-Family

"Transformational"

Peer-to-Peer

"I am not alone! Learned so much about how to manage my illness."

Basics

"I would recommend this program to any parent who has a child with a mental health concern."

Provider

"Gave me a whole new perspective on the role I play within the family."

Ending the Silence

"After hearing the speaker's story, I reached out for help for my eating disorder."

In Our Own Voice

"Powerful and humanizing. I have a better understanding through one person's story."

-Participant comments from NAMI Signature Programs


Dear ,

These programs mean so much to our community! The impact they leave on participants' lives can never truly be expressed. A woman called our office the other day to let us know how much she appreciated our classes. Her life with her husband had forever changed after learning so much in our Family-to-Family class. We asked when she took the class, she replied, "April of 2007." She wants to give back to the community and is now becoming a teacher for Family-to-Family so she can make a difference.

For the last 39 years, NAMI Orange County has been privileged to walk alongside our community. Being the voice for mental health allows us the opportunity to cry with you, support you when in need and cheer for your every success.

Please help NAMI Orange County in our mission to serve all Orange County residents on their mental health journey by giving this holiday season. We rely on donations to bring these relevant and vital programs, at no cost, to everyone who need them. You can make a lasting impact for a family today.

Thank you,



Amy Durham
Director of Development
NAMI Orange County

Through your financial support, we can launch a new program. Cast your vote by filling out the response card included. We hope you can join us for our Open House on Giving Tuesday from 10am-7pm!